

Manifestation 13 by Roxanna Bennett

cover art by Carol Rae



PROSCRIBED SHORTAGE EMANATION #3:

— Unwonderful Déjà Vu

Who knows how to be onscreen at home I
 have always been novel to
 you to be bored the newness to you of
 windows I am too brightgifted insist

the trivial isn't What quarantine
 some of us already lived this way in
 the dark summer furious & music
 halls emptied of song My quarantine face

is the same unmasked face my quarantine
 wardrobe the same old PJs & your screens
 still are not Earth Would it matter a sweet
 vanishing days one after another

unwonderful déjà vu sanitorium
 bars stand agape no antidote for me

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MANIFESTATION 13

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BIOGRAPHICAL NOTES

ROXANNA BENNETT gratefully lives on the traditional territory of the Mississaugas of Scugog Island First Nation and in the territory covered by the Williams Treaties (Whitby, ON). She is a disabled poet and the author of *unseen garden* (chapbook, knife | fork | book, 2018), *The Uncertainty Principle* (Tightrope Books, 2014), *Unmeaningable*, (Gordon Hill Press, 2019) and *The Untranslatable I* (Gordon Hill Press, 2021). In 2019, she co-edited the anthology, *Imaginary Safe House* (a co-production by HA&L and Frog Hollow Press).

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CAROL RAE is a mixed media artist whose works include printmaking, encaustics, costume design and bead work. Born in Oregon, she studied at the California College of Arts and Crafts. She currently lives in Metchosin, British Columbia.

NOTES & ACKNOWLEDGMENTS

As an interdependent being I acknowledge the cardinal directions, the elements of which we are all composed; fire, earth, water, air, aether, I acknowledge the plant, fish, bird & animal people with whom we share this existence, & am grateful to the countless generations of Indigenous people who have stewarded the land we live on since the dawn of time.

These poems were written while in withdrawal from medications & while experiencing psychosis, paranoia, general anxiety & depression.